

m o r n i n g c o l o u r

FOR IMMEDIATE RELEASE

MORNING COLOUR ANNOUNCES NEW SINGLE “FIT THIS SKIN”

Manchester emo and alternative project returns with second single on 23 October 2026



Manchester independent emo and alternative project **Morning Colour** will release new single *Fit This Skin* on 23 October 2026.

The second release from the project following debut single *Never Coming Back*, *Fit This Skin* is a song about insecurity, imposter syndrome and the disconnect between appearing confident on the outside while privately questioning whether you belong.

“I can look completely confident and like I’ve got everything under control, while part of me is still wondering whether I actually belong there. Fit This Skin is about that disconnect, and the feeling that everyone else has somehow figured something out that you haven’t.”

Musically, *Fit This Skin* pushes Morning Colour into a more immediate and energetic place than *Never Coming Back*. Faster and more direct, it moves between quieter moments and big melodic guitars, drawing from emo, alternative rock, shoegaze and post hardcore.

Morning Colour is an independent project from Manchester created by James Glenn. Everything is written and recorded independently, with influences ranging from Movements and Jimmy Eat World to Nothing, Slow Joy, Thrice and Alexisonfire. The project remains open to collaboration rather than operating as a traditional band.

RELEASE INFORMATION

Artist Morning Colour
Single Fit This Skin
Release date 23 October 2026
Location Manchester, UK

Written, performed, recorded and produced by James Glenn
Release Independent
Press / radio / reviews hello@morningcolour.co.uk
EPK / advance audio morningcolour.co.uk

Advance audio, artwork and press photography are available from the EPK. Please respect the release date of 23 October 2026.